

LUNCH Specials

WEEKDAYS 11.30AM - 2.30PM

Excludes Public Holidays or Special Events

CHICKEN SCHNITZEL \$16

chips | salad

choice of sauce: gravy | mushroom | pepper | hollandaise

SOUTHERN FRIED CHICKEN BURGER \$16

buttermilk fried chicken | lettuce | pickles | chilli mayo | sesame seed milk bun | chips

BANGERS & MASH \$16

country style thick sausages | caramelised onion | green peas | mash | gravy

CLASSIC CAESAR \$16

cos lettuce | house caesar dressing | croutons | boiled egg | crispy bacon | parmesan

ADD GRILLED CHICKEN \$6

LUNCH FISH & CHIPS \$16

beer battered flathead | chips | salad | tartare sauce | lemon

LUNCH STEAK SANDWICH \$19

tender rump | caramelised onion | lettuce | tomato | bbq sauce | chips

200G RUMP STEAK \$20

choice of: chips & salad | vegetables

choice of sauce: gravy | mushroom | pepper | hollandaise

GRILLED BARRAMUNDI \$20

chilli herb butter | tartare sauce | lemon

choice of: chips & salad | vegetables

WEEKLY SPECIALS

AVAILABLE DINNER ONLY

Excludes Public Holidays or Special Events

Tuesday

\$20 STEAKS

MSA graded angus rump | chips | salad
choice of sauce: gravy | mushroom | pepper | hollandaise

Wednesday

\$17 BURGER & FRIES

ANGUS BEEF BURGER

beef brisket patty | american cheese | lettuce | tomato | pickles | onion
burger sauce | sesame seed milk bun | chips | **ADD BACON \$4**

SOUTHERN FRIED CHICKEN BURGER

buttermilk fried chicken | american cheese | chili mayo | lettuce | pickles
sesame seed milk bun | chips | **ADD BACON \$4**

CHICKEN SCHNITTY BURGER

chicken schnitzel | lettuce | tomato | mayo | sesame seed milk bun | chips
ADD BACON \$4

Thursday

\$18 SCHNITTYS

+ \$5 TOPPERS*

CHICKEN SCHNITZEL

300g panko crumbed chicken breast | chips | salad | choice of sauce
+\$5 TOPPERS: PARM | MEXICAN (*NO SIDE SAUCE)

MEET YOU AT

The Cow

WE'RE *familiar* –
BUT FAR BEYOND *regular*
YOU KNOW WHERE TO GO.
NO EXCUSE NEEDED. EVER.



BOOK YOUR NEXT

Function OR *Event*
WITH US!

RED COW
HOTEL

YOU KNOW WHEN YOU WALK
INTO A FALCONE VENUE



RED COW
HOTEL

MAIN MENU

HEART OF PENRITH



SINCE 1880

SNACKS & STARTERS

OVEN BAKED GARLIC BREAD (V)	8
MAKE IT CHEESY (V) \$4 BACON & CHEESE \$6	
SALT & PEPPER CALAMARI	20
szechuan fried calamari red chilli shallots lime mayo lemon	
BIG JON'S POPCORN CHICKEN	19
signature buttermilk popcorn chicken honey mustard mayo	
NASHVILLE HOT CHICKEN TENDERS	20
southern fried chicken tenders secret blend nashville spice ranch	
WEDGES (V)	14
sour cream sweet chilli	
HOUSE FRIES (V)	12
house blend seasoning burger sauce ADD LIQUID CHEESE \$4	

Loaded FRIES

CHEESY BACON	19
melted cheese crispy bacon shallots ranch	
POPCORN CHICKEN	21
signature buttermilk popcorn chicken melted cheese crispy bacon shallots honey mustard mayo	

CANTINA NACHOS	23
tortilla chips liquid cheese jalapeños shallots guacamole chopped salsa sour cream mozzarella CHOICE OF: BEEF BLACK BEAN CON CARNE VEGETARIAN MIX (V, GF)	

BIG JON'S Signature CRISPY FRIED CHICKEN WINGS

WITH RANCH DIPPING SAUCE & CARROT CRUDITES

\$19

LIKE 'EM HOT?

WINGS YOUR WAY
ORIGINAL CRISPY SOUTHERN FRIED
SMOKEY BOURBON BBQ
BUFFALO 🌶️
MAPLE CHILLI 🌶️🌶️
HOT DAMN 🌶️🌶️🌶️
BIG JON'S FAMOUS MOTHER F'ING HOT SAUCE 🌶️🌶️🌶️🌶️

PUB CLASSICS & Mains

BANGERS & MASH	23
thick country style beef sausages caramelised onion green peas mash gravy	
FISH 'N' CHIPS	26
beer battered flathead chips salad tartare sauce lemon	
GRILLED BARRAMUNDI (GF*)	31
grilled barramundi fillet chilli herb butter tartare sauce lemon choice of two sides	

SCHNITZELS

PANKO CRUMBED CHICKEN SCHNITZEL	26
300g panko crumbed chicken breast choice of sauce choice of two sides	

Loaded Schnitzels

THE RED COW PARMIGIANA	31
300g panko crumbed chicken breast napolitana sauce shaved ham blended mozzarella choice of two sides	
TEX MEX	31
300g panko crumbed chicken breast mozzarella sour cream beef con carne tortilla chips guacamole choice of two sides	

FROM THE GRILL

CHAR GRILLED ANGUS RUMP (GF*)	32
250g MSA graded angus rump choice of sauce choice of two sides	
GRAIN FED SCOTCH FILLET (GF*)	46
300g Redgum MS3+, Northern Queensland scotch fillet choice of sauce choice of two sides	
RED COW MIXED GRILL	38
200g MSA graded angus rump beef sausage streaky bacon fried eggs chips grilled tomato choice of sauce	

Sauces GRAVY (V) | MUSHROOM (V) | PEPPER (V) | HOLLANDAISE (V, GF)
Sides CHIPS | SALAD (V, GF) | MASH (V, GF) | VEGETABLES (V, GF)

Kids MEALS

AGES 12 & UNDER ONLY
ALL KIDS MEALS COME WITH A COLOURING PACK

\$12

CHICKEN NUGGETS & CHIPS
GRILLED CHICKEN & CHIPS
FISH & CHIPS
CHEESEBURGER & CHIPS

KIDS ICECREAM W/
TOPPINGS & SPRINKLES \$4.5

Dessert

SEE DAILY CHEF SUGGESTIONS

BURGERS & SANDWICHES

ALL SERVED WITH A SIDE OF CHIPS

SOUTHERN FRIED CHICKEN BURGER	23
buttermilk fried breast american cheese chilli mayo lettuce pickles sesame seed milk bun	
NASHVILLE HOT CHICKEN BURGER	24
buttermilk fried breast secret blend nashville spice american cheese chilli mayo pickles sesame seed milk bun	
THE COW BEEF BURGER	24
beef brisket patty american cheese lettuce tomato pickles onion burger sauce sesame seed milk bun	
CLASSIC STEAK SANDWICH	25
tender rump caramelised onion lettuce tomato provolone cheese bourbon bbq sauce honey mustard mayo toasted sourdough	

ADD ON: BACON \$4 | CHEESE \$2 | EGG \$2 | EXTRA CHICKEN \$6 | EXTRA BEEF BRISKET PATTY \$5 | SUB PLANT BASED PATTY \$3

Salads & BOWLS

CLASSIC CAESAR SALAD	19
baby cos lettuce seasoned croutons crispy bacon bits boiled egg shaved parmesan cheese ADD GRILLED CHICKEN \$6	
BUFFALO CHICKEN SALAD	24
lettuce diced tomato seasoned croutons crispy bacon bits spanish onion signature buffalo fried chicken pieces ranch dressing	
BURRITO BOWL	23
brown rice lettuce fresh chopped salsa guacamole roasted corn shredded cheese jalapeños sour cream CHOICE OF: BEEF BLACK BEAN CON CARNE (GF) GRILLED CHICKEN VEGETARIAN MIX (V, GF)	

SIDES & SAUCES

\$2 EACH	AIOLI RANCH BURGER SAUCE HONEY MUSTARD MAYO CHILLI MAYO LIME MAYO	\$3 EACH	GRAVY (V) PEPPER (V) MUSHROOM (V) HOLLANDAISE (GF, V) HOT DAMN
\$4 EACH	LIQUID CHEESE BIG JON'S FAMOUS MOTHER F'ING HOT SAUCE	\$5 EACH	SEASONAL VEGETABLES (GF, V) MASHED POTATO (GF, V) SIDE SALAD (V)

10% surcharge applies on public holidays

Nutritional Key: (V) Vegetarian, (GF) Gluten Friendly, (GF*) Gluten friendly with certain sides only

Please note that while all effort and care will be taken to accommodate gluten free dietaries, this is not a gluten free kitchen and we cannot make any 100% guarantee